

# Family and Consumer Sciences (FACS)

Grades 6-7

Comprehensive Standards	Content Standards	Competencies
<b>2.0 Consumer &amp; Family Resources</b> Evaluate management practices related to the human, economic, and environmental resources.	2.1 Demonstrate management of individual and family resources such as food, clothing, shelter, health care, recreation, transportation, time, and human capital.	2.1.1 Apply management and planning skills and processes to organize tasks and responsibilities.
		2.1.3 Analyze decisions about providing safe and nutritious food for individuals and families.
<b>6.0 Family</b> Evaluate the significance of family and its effects on the well-being of individuals and society.	6.1 Analyze the effects of family as a system on individuals and society.	6.1.5 Analyze the role of family in developing independence, interdependence, and commitment of family members.
		6.1.6 Analyze the effects of change and transitions over the life course.
<b>8.0 Food Production &amp; Services</b> Integrate knowledge, skills, and practices required for careers in food production and services	8.2 Demonstrate food safety and sanitation procedures.	8.2.1 Identify characteristics of major food borne pathogens, their role in causing illness, foods involved in outbreaks, and methods of prevention.
		8.2.5 Practice good personal hygiene/health procedures, including dental health and weight management, and report symptoms of illness.
		8.2.7 Demonstrate safe food handling and preparation techniques that prevent cross contamination from potentially hazardous foods, between raw and ready-to-eat foods, and between animal and fish sources and other food products.
<b>9.0 Food Science, Dietetics, &amp; Nutrition</b> Integrate knowledge, skills, practices required for careers in food science, food technology, dietetics, and nutrition.	9.2 Apply risk management procedures to food safety, food testing, and sanitation.	9.2.1 Analyze factors that contribute to food borne illness.
	9.3 Evaluate nutrition principles, food plans, preparation techniques and specialized dietary plans.	9.3.1 Analyze nutrient requirements across the life span addressing the diversity of people, culture, and religions.
	9.4 Apply basic concepts of nutrition and nutritional therapy in a variety of settings.	9.4.1 Analyze nutritional needs of individuals.
<b>12.0 Human Development</b> Analyze factors that influence	12.1 Analyze principles of human growth and development across the life span.	12.1.1 Analyze physical, emotional, social, spiritual, and intellectual development.

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human growth & development.		12.1.2 Analyze interrelationships among physical, emotional, social, and intellectual aspects of human growth and development.
	12.2 Analyze conditions that influence human growth and development.	12.2.2 Analyze the impact of social, economic, and technological forces on individual growth and development.
		12.2.4 Analyze the effects of life events on individuals' physical, intellectual, social, moral, and emotional development.
	12.3 Analyze strategies that promote growth and development across the life span.	12.3.2 Analyze the role of communication on human growth and development.
<b>13.0 Interpersonal Relationships</b> Demonstrate respectful and caring relationships in the family, workplace and community.	13.1 Analyze functions and expectations of various types of relationships.	13.1.1 Analyze processes for building and maintaining interpersonal relationships.
		13.1.5 Analyze processes for handling unhealthy relationships.
	13.2 Analyze personal needs and characteristics and their effects on interpersonal relationships	13.2.3 Analyze the effects of self-esteem and self-image on relationships
	13.3 Demonstrate communication skills that contribute to positive relationships.	13.3.1 Analyze communication styles and their effects on relationships.
		13.3.2 Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication.
		13.3.3 Demonstrate effective listening and feedback techniques.
		13.3.6 Analyze the effects of communication technology in family, work, and community settings.

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<b>14.0 Nutrition and Wellness</b> Demonstrate nutrition and wellness practices that enhance individual and family well-being.	14.1 Analyze factors that influence nutrition and wellness practices across the life span.	14.1.2 Analyze the effects of psychological, cultural, and social influences on food choices and other nutrition practices.
	14.2 Evaluate the nutritional needs of individuals and families in relation to health and wellness across the life span.	14.2.1 Analyze the effect of nutrients on health, appearance, and peak performance.
	14.4 Evaluate factors that affect food safety from production through consumption.	14.4.1 Analyze conditions and practices that promote safe food handling.
		14.4.5 Analyze food borne illness factors, including causes, foods at risk, and methods of prevention commercially and by individuals and families.