

Bemidji Lumberjacks Activity Department

Bemidji High School offers fifty-seven activities

Category I Activities

Fall Activities (9)
Cheerleader – Football
Boys' Cross Country
Girls' Cross Country
Football
Boys Soccer
Girls Soccer
Girls Tennis
Girls Swimming / Dive
Volleyball

Winter Activities (13)
Boys' Basketball
Girls' Basketball
Basketball Cheerleader
Dance Team
Gymnastics
Boys' Hockey
Girls' Hockey
Hockey Cheerleader
Boys Nordic Ski
Girls Nordic Ski
Boys Swimming /Dive
Wrestling
Wrestling Cheerleading

Spring Activities (7)
Baseball
Boys' Golf
Girls' Golf
Softball
Boys' Tennis
Boys' Track
Girls' Track

Category II Activities

Fine Arts and Academic Activities (14)
Band (3)
Marching Band
Choir (2)
Knowledge Bowl
Math League
Musical
Mock Trial
One Act Play
Orchestra (2)
Speech

Category III Activities

BHS Sponsored Clubs (14)
Auto Clubs
Environmental Club
Fellowship of Christian Athletes
Interact Club
Intramurals
Model United Nation
National Honor Society
Outdoor Club
Show Choir (2)
Stage Crew Club
Student Council
Science Olympiad
Technology Club
Yearbook

Before a student may practice with their respective activity, they must:

Physicals

Category I Activities: Physicals for all 7 – 12 athletics are required every **three (3) years**. This, by MSHSL rules is to be on file in the Bemidji High School or Bemidji Middle School activity office before practice starts.
No physical on hand, No practice

Student Activity Fee ...

Category I Activities: Grades 9 – 12 Fee \$70.00 (\$70.00 for the first Activity and \$60.00 for each activity thereafter)
This fee must be paid before the student reports to his / her first practice

Category II Activities:

Grade 9 – 12 Fee \$70.00 (one time fee that covers all Category II Activities) This fee must be paid before the student reports to his / her first practice

Eligibility Forms

Category I Activities: Forms to be signed by each athlete / parent, such as MSHSL Athletic Eligibility Information, MSHSL Parent's Permit and Health Questionnaire, and Insurance Waiver must be on file in the Activity Office before the student reports to his / her first practice

Category II Activities

Forms to be signed by each student / parent, such as MSHSL Fine Arts Eligibility Information must be on file in the Activity Office before the student reports to his / her first practice

Parent / Student Athlete Sportsmanship and Chemical Awareness Meeting ... Students in grades 9 - 12, who expect to participate in co-curricular activities during the 2009 - 10 school year, and their parent are required to attend this meeting.

Wednesday, August 12, 2009 at 6:00 p.m. in the Bemidji High School Auditorium.
Monday, October 26, 2009 at 6:00 p.m. in the Bemidji High School Gymnasium

2009 – 10 Minnesota State High School League Calendar of Events

Fall	Start Dates	Tournament Dates
Boys' Cross Country	August 17	November 7
Girls' Cross Country	August 17	November 7
Football	August 17	November 12 – 14, 20 – 21, 27 - 28
Boys Soccer	August 17	October 28 - 30, Nov. 2, 3 - 5
Girls Soccer	August 17	October 21 - 23, Nov. 2, 3 - 5
Girls' Swim / Dive	August 17	November 19 - 21
Girls' Tennis	August 17	October 28 - 31
Volleyball	August 17	November 12 - 14
Winter	Start Dates	Tournament Dates
Boys Basketball	November 23	March 24 – 27
Girls Basketball	November 16	March 17 – 20
Dance	October 26	February 19 - 20
Gymnastics	November 16	February 26 – 27
Boys' Hockey	November 16	March 10 – 13
Girls' Hockey	November 2	February 24 - 27
Girls' Nordic Ski	November 9	February 12
Girls' Nordic Ski	November 9	February 12
One Act Play		February 11 - 12
Boys' Swim / Dive	November 30	March 4 – 6
Wrestling	November 23	March 3 - 6
Spring	Start Dates	Tournament Dates
Baseball	March 22	June 17 - 18
Boys' Golf	March 15	June 8 - 11
Girls' Golf	March 15	June 8 - 11
Softball	March 15	June 10 - 11
Speech		April 23 - 24
Boys' Tennis	March 29	June 8 – 11
Boys' Track	March 15	June 11 - 12
Girls' Track	March 15	June 11 - 12

If you have any questions, please feel free to contact the Bemidji High School Activity Office (444 – 1600 ext. 3315).