

Bemidji High School Athletics/Activities Registration Information

Before a student may practice with their respective activity, they must:

PHYSICALS	
Category I Activities	Physicals for all 7–12 athletics are required every three (3) years . This, by MSHSL rules is to be on file in the Bemidji High School or Bemidji Middle School activity office before practice starts. <u>No physical on hand, No practice!</u>
STUDENT ACTIVITY FEE	
Category I Activities	Grades 9–12 Fee \$70.00 (\$70.00 for the first activity and \$60.00 for each activity thereafter). This fee must be paid before the student reports to his her first practice.
Category II Activities	Grade 9–12 Fee \$70.00 (one time fee that covers all Category II Activities). This fee must be paid before the student reports to his/her first practice.
ELIGIBILITY FORMS	
Category I Activities	Forms to be signed by each athlete/parent, such as MSHSL Athletic Eligibility Information, MSHSL Parent’s Permit and Health Questionnaire, and Insurance Waiver must be on file in the Activity Office before the student reports to his / her first practice.
Category II Activities	Forms to be signed by each student/parent, such as MSHSL Fine Arts Eligibility Information must be on file in the Activity Office before the student reports to his / her first practice
MANDATORY PARENT/STUDENT ATHLETE SPORTSMANSHIP & CHEMICAL AWARENESS MEETING	
Students in grades 9-12, who expect to participate in co-curricular activities during the 2008-09 school year, and their parent are required to attend this meeting.	
Wednesday, August 12, 2009 at 6:00 p.m. in the Bemidji High School Auditorium	
Monday, October 26, 2009 at 6:00 p.m. in the Bemidji High School Field House	

If you have any questions, please feel free to contact the Bemidji High School Activity Office (218 - 444 – 1600 ext. 3316 / 3315)