

TO: Bemidji High School Parents and Student-athletes

FR: Harvey Crable, Director of Activities

RE: Fall Activity Information

The Bemidji High School Athletic Department would like to remind 9 - 12 student-athletes and their parents that Fall Sports Seasons will begin:

- | | |
|--------------------------------|-------------------------|
| * Cheerleading | Monday, August 17, 2009 |
| * Boys and Girls Cross Country | Monday, August 17, 2009 |
| * Football | Monday, August 17, 2009 |
| *Boys and Girls Soccer | Monday, August 17, 2009 |
| * Girls Swimming | Monday, August 17, 2009 |
| * Girls Tennis | Monday, August 17, 2009 |
| * Volleyball | Monday, August 17, 2009 |

Before an athlete may practice with their respective team, they must:

1. Have a current sports physical on file in the BHS Activity Office (a new physical is required every three years).
2. Have a parent permit / eligibility form on file in the Activity Office (a new form is required each school year, not each season).
3. Have an athletic insurance waiver form on file in the Activity Office (a new form is required each school year, not each season).
4. Pay the participation fee at the Activity Office. Fees for the Fall season are \$ 70.00 for ninth through twelve grade activities.

The athletic fees and forms should be turn in at the Parent / Student Athlete Sportsmanship and Chemical Awareness Meeting. This meeting will be held on **Wednesday, August 12th** at 6:00 p.m. in the Bemidji High School Auditorium. Students in grades 9 - 12, who expect to participate in extra -curricular activities during the 2009 - 10 school year, and their parent are required to attend this meeting. If you and your student can not attend the Wednesday, August 12, 2009 Parent / Student Athlete Sportsmanship and Chemical Awareness Meeting there will be a makeup meeting. **Monday, August 17th at 6:00 a.m. in the Lumberjack room**

All fees and forms must be on file prior to the athlete starting practice. No athlete will be allowed to practice and / or be issued equipment until they have been cleared by the Activity Office. The Summer Activity Office hours will be 7:00 a.m. to 4:30 p.m. Fall Activity Office hours will be 7:00 a.m. to 3:30 p.m. If you have any questions and / or concerns please contact the Activity Office (444 - 1600 ext 3316).

