BEMIDJI AREA SCHOOLS EXPOSURE PREVENTION PLAN

Prevention:

- If you must assist a student with a bleeding wound or bloody nose, encourage the student to cover the wound with tissue and their own hand and apply pressure. Even the youngest students can be taught to manage their own oowies!!!!
- Avoid coming in direct contact with other body fluids as well.
 Should contact with blood or other body fluids happen....thorough hand washing is recommended.
- Don't be shy about giving reminders to students to "cough into their shoulder" or cover their mouth when they cough or sneeze!!!!

HAND WASH!!! HAND WASH!!! HAND WASH!!!

GOOD HAND WASHING WITH SOAP AND WARM WATER IS STILL ONE OF OUR MOST EFFECTIVE ACTIONS IN THE FIGHT OF GERM TRANSMISSION!!!!!!

Potential Exposure:

When assisting another person with an injury or illness where blood or other potentially infected material is present and you think you have an **EXPOSURE** to the blood or body fluid:

- Scrub the exposed area as quickly and as completely as possible with an antibacterial soap.
- Report the incident ASAP or within 12 HOURS to Ginger Gardner 333-3100 Ext. 31121 or Steve Spindler at 333-3149 Ext. 32149 or District Nurse Emily Helm at 333-3115 Ext. 37209.

An **EXPOSURE** is to be defined as: Contact of blood or other potentially infectious material with the eyes, nose, mouth, or open, broken areas of skin.