



# Bemidji High School

## Ala Carte

Bagel, whole grain rich 2.3 oz. - 3 oz.	\$ .90
Bars (Nutrigrain, Breakfast, etc.)	\$1.25
Beef Sticks	\$1.25
Cheese, Cream	\$ .50
Cheese, String	\$ .80
Chips, baked/Chex Mix/Popcorn	\$ .90
Coffee, iced	\$1.25
Cookie, Whole grain rich	\$ .50
Crystal Light "On the Go"	\$ .60
Fruit	\$ .80
Frozen Yogurt Soft Serve 5 oz	\$1.00
Juice (4 oz.)	\$ .80
Juice, Veryfine, Capri Sun, V-8 Fusion	\$1.25
Milk, (1/2 pint)	\$ .60
PB&J Sandwich	\$1.50
Rice Krispie Bar	\$ .25
Salsa	\$ .50
Vegetable	\$ .80
Water, Lumberjack	\$1.00
Water 10 oz	\$ .50
Whole Grain Cinnamon Roll	\$1.25
Yogurt (4 oz.)	\$ .95
Yogurt Parfaits	\$1.50

*The items are offered in addition to the meal programs. Students need to have money in their account to purchase these items.*

*Items may be added or deleted from this list throughout the school year.*