

Bemidji Food Service

MAY

Apr 26, 2018

S.H. ITALIAN BISTRO

Monday	Tuesday	Wednesday	Thursday	Friday
	May - 1 CHEESY BREAD MARINARA SAUCE ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA PEPPERONI PIZZA	May - 2 TRI-COLOR ROTINI ALFREDO SAUCE WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA SAUSAGE PIZZA PEPPERONI PIZZA	May - 3 CHICKEN TETRAZZINI WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA PEPPERONI PIZZA	May - 4 MANICOTTI, CHEESE SPAGHETTI SAUCE WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA SAUSAGE PIZZA PEPPERONI PIZZA
May - 7 CHEESE TORTELLINI SPAGHETTI SAUCE WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA BBQ CHICKEN PIZZA PEPPERONI PIZZA	May - 8 MAX STIX MARINARA SAUCE WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA PEPPERONI PIZZA	May - 9 PENNE RIGATI ALFREDO SAUCE WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA SAUSAGE PIZZA PEPPERONI PIZZA	May - 10 LASAGNA WITH GROUND BEEF WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA PEPPERONI PIZZA	May - 11 RAVIOLI ROMAINE GARDEN SALAD RANCH DRESSING FF BREAD STICK FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA SAUSAGE PIZZA PEPPERONI PIZZA
May - 14 CHEESE TORTELLINI SPAGHETTI SAUCE WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA BBQ CHICKEN PIZZA PEPPERONI PIZZA	May - 15 CHEESY BREAD MARINARA SAUCE ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA PEPPERONI PIZZA	May - 16 TRI-COLOR ROTINI ALFREDO SAUCE WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA SAUSAGE PIZZA PEPPERONI PIZZA	May - 17 SPAGHETTI AND MEAT SAUCE WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim CHEESE PIZZA PEPPERONI PIZZA	May - 18 PASTA SHELLS W/ CHEESE WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA PEPPERONI PIZZA SAUSAGE PIZZA

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
May - 21 CHEESE TORTELLINI SPAGHETTI SAUCE WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA BBQ CHICKEN PIZZA PEPPERONI PIZZA	May - 22 MAX STIX MARINARA SAUCE WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA PEPPERONI PIZZA	May - 23 PENNE RIGATI ALFREDO SAUCE WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA SAUSAGE PIZZA PEPPERONI PIZZA	May - 24 CHICKEN PATTY CHEESE,PARMESAN,GRATED MARINARA SAUCE ROMAINE GARDEN SALAD RANCH DRESSING FF MARINATED BLACK BEAN SALAD FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA PEPPERONI PIZZA	May - 25 MANICOTTI, CHEESE SPAGHETTI SAUCE WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA SAUSAGE PIZZA PEPPERONI PIZZA
May - 28 NO SCHOOL TODAY	May - 29 CHEESY BREAD MARINARA SAUCE ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA PEPPERONI PIZZA	May - 30 PENNE RIGATI ALFREDO SAUCE WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE CHEESE PIZZA SAUSAGE PIZZA PEPPERONI PIZZA	May - 31 SPAGHETTI AND MEAT SAUCE WHOLE WHEAT BREADSTICK ROMAINE GARDEN SALAD RANCH DRESSING FF FRUIT CHOICES MILK,1% Lowfat MILK,Skim CHEESE PIZZA PEPPERONI PIZZA	Jun - 1 COOK'S CHOICE MENU

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