



Following are some important health and safety tips from the American Academy of Pediatrics (AAP). Enforcing some or all of these positive ideas will help your child to be more successful throughout their academic years.

- **Designate a space** that is conducive to doing homework starting at a young age. Children need a consistent work space in their bedroom or another part of the home that is quiet, without distractions and promotes study.
- **Make a rule** that mobile phones, the TV and other electronic distractions stay off during homework time.
- **Supervise** computer and Internet use.
- **Be available** to answer questions and offer assistance, but never do a child's homework for her or him.
- **Encourage quality and quantity of sleep** which is critical to a child's success in school. Children who do not get enough sleep have difficulty concentrating and may not learn as well as they can.
- **Set a consistent bedtime** for your child and stick with it every night. Having a bedtime routine that is consistent will help your child settle down and fall asleep. Components of a calming pre-bedtime routine may involve a bath/shower, reading with them, and tucking them in and saying good-night to them.

Dear Parent or Guardian:

Welcome to the *2020-2021 School Year!*

ISD 31, Bemidji Area Schools, is proud of our highly qualified teachers. Our teaching staff have 59.3% holding Master's degrees and 99.4% in their licensure areas. When considering teaching experience, 90.7% of Bemidji Area Schools teachers have been teaching for at least three years.

You have the right to request and review information from your school district on the professional qualifications of your child's teachers. The federal Every Student Succeeds Act requires schools that receive federal education funds under Title I, Part A to provide this information to you if you request it. The information must be provided to you in a reasonable amount of time. The information you may request includes the following:

- ☐ Has the teacher met state qualifications and licensing requirements for the grade levels and subject areas in which the teacher provides instruction?
- ☐ Is the teacher providing instruction under emergency or another provisional status that means regular state qualifications or licensing criteria have been waived?
- ☐ What college degree does the teacher have, as well as any other graduate degree or certification? In what academic subject area/s were the degrees received?
- ☐ Are paraprofessionals providing instructional services to my child and if so, what are their qualifications?

The district is also required to inform you if your child receives instruction for four or more consecutive weeks by a teacher who does not meet the federal definition of being "highly qualified". Highly qualified teachers are those who have met state qualifications and licensure requirements. If this is the case, we will inform you.

You can also find information about your child's school, test data and teacher licensure at the Minnesota Dept. of Education's website.

<http://education.state.mn.us>

If you have questions, please contact me or Kristeena Friedt in Human Resources.

kristeena_friedt@isd31.net

or send a request to Kristeena at:

Bemidji Area Schools
502 Minnesota Ave. NW
Bemidji, MN 56601-5668

Sincerely,

Colleen Cardenuto

Director of Curriculum and
Administrative Services

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218-333-3100, ext. 31103



Be sure to visit our Website at:

<https://www.bemidji.k12.mn.us/>

See the "Parent" tab for valuable resources.